

SHOULDHAM NEWS

Vol 24 No.1. Winter 2025/26



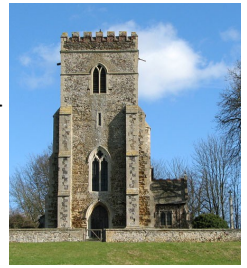
Ten out of ten this Christmas!

At a party held in May this year, to celebrate the 11th anniversary of the reopening of the King's Arms, Bernard Lee, past chairman of the British Institute of Inn-keeping, declared that Shouldham's hostelry was the best community-owned pub in the country. Biased though we may be, it's hard to disagree. One important test of such a pub is that it is welcoming to all – young and old, women and men, those with cash aplenty, those with substantially less. But more than that, a community pub should be where the community comes together: to mull over the issues of the day, to dream dreams, to hatch plans.

So, it's no coincidence that just one year after the King's Arms reopened as a community-owned pub, an idea took shape (probably after a few pints): to produce Shouldham's first ever village pantomime. The panto was a wild success from the start, and that success has been built on year after year until we reach 2025 and the special tenth anniversary show: *Ozrellahoodpan!* By the time you read this, it's likely that most of the tickets will already have been sold: a testament to all the work put in by Nige Walsh and his crew – not only the cast but all the wealth of back-up volunteers, from ticket office to set designers and builders, as well as all those who make, beg, borrow or steal the fabulous costumes (hold on to your frocks, ladies!).

All proceeds from the panto are donated to Shouldham Village Hall. Thankfully, such selfless generosity isn't rare in our village and, as has become the custom in the Christmas edition of *Shouldham News*, we would like to raise a glass (perhaps of mulled cider) to all the volunteers who make our village such an enviable place in which to live. We're especially grateful to all the folk who have helped keep this newsletter afloat for more than 20 years, including our designers Emma Gibson and Laura Hutchinson, ad manager John Dovey, financial guru Keith Matthews and our Santa's-helper band of door-to-door distributors: Andrew and Bridget Archibald, Dave Bevan, John Dovey, Zoe Frayne, Jennifer Malby, Marion Mallott, Deborah Marshall, Susie Massen, John and Jan McGourty, and Valerie Negus. To all of them, and to all our readers, we wish a merry Christmas and an exhilarating New Year!

News from All Saints' Church, Shouldham



Thanks to all who supported our recent All Saints' Day fundraising evening of candlelit poetry readings and organ music, and a very special thanks to Ros Ballaster and Phil Harriss and young organist Thomas Burt for their huge contributions. Thanks too to all our poetry readers: Graham Ashworth, Cara Hobbs, David Heley, Steve Jones and Anne Neary. The event raised over £650 for the church.

The new Garden of Remembrance is very nearly complete and will be a wonderful space in the Old Churchyard for peaceful contemplation. Many thanks to the sponsors of the project – the Shouldham Ladybirds, Shouldham Community Enterprises (the King's Arms) and Holman & Sons stonemasons – and to Dave Bevan for his handyman skills installing the bench.

This year's Carol Service at All Saints' will be on *Wednesday December 17th* at the slightly earlier time of *6.30pm* (and slightly shorter than previous years). Mulled wine, mince pies and other seasonal treats to follow, as usual.

Please feel free to contribute a decorated Christmas tree in memory of a loved one in advance of the service. Book your spot on 01366 347856. Any baker volunteers to make mince pies would also be very welcome.

A Treasurer and Secretary are still being sought for our embryonic Friends of All Saints' group – please get in touch if you can share your time and expertise to support the church building.

Alex Gammie (alex@aqpr.co.uk)

Advertising in Shouldham News

Shouldham News' advertising rates are:

Classified (up to three lines): £1

Quarter page: £10

Half page: £20

Full page: £40



For further details, or to place an ad in the Spring edition (deadline Sunday 22nd March please contact John Dovey (347802/ jadovey@hotmail.com).

Shouldham News is published four times a year and distributed free of charge to all households in Shouldham and Shouldham Thorpe.

Post Office closure in January

Sandra at the Post Office has sent us the following message:



‘Due to [my] having surgery on January 2nd, the Post Office will be closed for approximately two weeks from this date. I apologise for this inconvenience and thank you for understanding. Many thanks, Sandra.’

We’re sure all *Shouldham News* readers will join us in sending our best wishes to Sandra.

We received this from Ray Watts of Hallfields, who comments: ‘The words to this song must resonate in today’s troubled and violent world.’

‘Christmas Dream’ by Perry Como

Watch me now, here I go, all I need’s a little snow
Starts me off, sets the theme, helps me dream my Christmas dream
Every year I dream it, hoping things will change
An end to the crying, the shouting, the dying
And I hope you will dream it too
It’s Christmas, remember?
We’ve got to remember

So, light the light, I’m home tonight
I need you to warm me, to calm me, to love me
To help me to dream my Christmas dream
Every single day but one
Every night should, I believe
Be the same as Christmas Eve

Nights should all be silent
Days should all slow down
An end to the hurry, the noise and the worry
And I hope you believe that too
It’s Christmas, remember?
Does no one remember?



The whole world needs a Christmas dream
We need it to warm us, to calm us, to love us
To help us to dream our Christmas dream.

Words by Tim Rice, music by

Andrew Lloyd Webber

Watlington Medical Centre Patient Participation Group (PPG)

Introduction of the online appointment booking service

With the Government mandating the use of an online appointment booking system by October 1st, 2025, the Watlington surgery opted for a soft introduction slightly earlier to enable teething problems to be identified and overcome. This was supported by the PPG Committee running a survey of patients. The survey identified that the elderly and those with limited IT skills or access were most opposed to the new system. This will be mitigated by the continuation of the phone line booking system. However, when taking phone bookings, the reception staff will complete the online system on behalf of the patient and submit them alongside individually submitted online requests. The other main issue identified was the misalignment of timings between the online system, reception opening times for phone bookings and the commencement of appointment triage. This was overcome by the change to timings in that the online system and reception phone lines will be open from 8am with appointment triage commencing at 8.30am. The Government has mandated that patients should be able to request appointments throughout the normal surgery working day. More experience of the submission of these requests is required to enable a workable plan to be put into practice.

Medical staff shortages

The surgery is operating on reduced capacity due to the departure of a GP and Nurse Practitioner. It is interviewing soon and expects recruitment to ease some of the anticipated issues with the new appointment booking system.

Join the Committee?

To ensure your views, concerns and suggestions are represented it is essential that the PPG Committee is populated by patients from all areas, not just Watlington. The Committee commitment is to a meeting at the surgery once every three months for two hours, and the AGM. If you would like to join the Committee or attend the AGM, please contact the Secretary (robbarratt@live.co.uk or 07736429425). Also, if you cannot attend but have a question or suggestion that you would like to raise, please either email the Secretary or use the drop box by the surgery reception.

Keep up with the news!

If you would like to keep up with news happening in our village and the local area, between the three-monthly editions of *Shouldham News*, please send your email address to philharriss@icloud.com. This will entitle you to a free electronic edition of this newsletter – in colour! You can also find out what's happening in Shouldham by joining the village Facebook page on: <https://www.facebook.com/groups/168280213739979/>. An increasing number of villagers have joined this Facebook page, which now provides an excellent means of communication for advertising events, lost pets, etc.



Celebrating our dedicated healthcare champions

Terry Jermy, MP for South West Norfolk

In every visit I make to the Queen Elizabeth Hospital (QEH), I see how incredibly hard staff are working to provide the best possible care in difficult circumstances. For too long, healthcare services in our region were shamefully underfunded, leaving hospitals like the QEH quite literally on the verge of collapse, failing not just patients, but staff too.

It has been a very difficult few months for the QEH, but the commitment staff and volunteers have to their roles is clear, and it was an honour to join them recently for their Team QEH 2025 Awards held at King's Lynn Corn Exchange. The annual awards recognise the compassion, dedication, innovation and achievements of the hospital's staff and volunteers. There were 650 nominations across 13 categories, including Clinical Team of the Year and the Unsung Hero award, demonstrating amazing commitment from so many individuals, and their endless dedication to the hospital and patient care.

I returned to the QEH again more recently to mark the official reopening of the Macmillan Cancer Care and Treatment Centre, following a £255,000 refurbishment. Each year, the centre looks after more than 12,000 patients from across West Norfolk, many of whom receive chemotherapy and other treatments on-site. The refurbishment was funded entirely through donations, led by Gavin English, a super-fundraiser who single-handedly raised £116,000.

Gavin has now sadly passed away, but while at the reopening, I met with Gavin's children, Belinda and Ray. It was great to speak with them and learn more about their father's fundraising work. It was very moving to see them unveil a plaque commemorating the refurbishment and Gavin's extraordinary achievement.

When I stood to be a Member of Parliament, I said that health and social care would be my number one priority for the constituency, and integral to this is raising awareness about some of the health challenges that do not always receive the necessary attention. I've recently been highlighting some of the challenges around women's health issues in particular, after a visit I undertook to the Menopause Café in Downham Market earlier this year. In every conversation I have around women's health, I hear of women being dismissed, ignored, minimised, not properly supported, and not considered the expert of their own body. This must change. I was therefore pleased with the recent announcement from the Secretary of State for Health and Social Care, Wes Streeting MP, that menopause will now be included in the routine NHS 40+ Health Check.

If you would like to discuss an issue of concern to you or your family, I will be holding an advice surgery in Downham Market on Friday 12th December from 5.30pm to 7pm. To make an appointment, please email me, including your full name and address: terry.jermy.mp@parliament.uk

Marie Curie Tea Party

This year's Tea Party in July was a great event, made so by all the wonderful cooks, volunteers and all those who come from the local area to support us. A grand total of £726.14 was raised for Marie Curie, which gives care and support to people through terminal illnesses. A big thank you to every one.

Jane Rose-Land



Thank you

Marie Curie would like to thank
Jane Rose-Land

For raising the fantastic amount of
£726.14

In aid of Marie Curie, care and support through terminal illness

Matthew

Matthew Reed, Chief Executive

mariecurie.org.uk
f MarieCurieUK
t @mariecurieuk



King's Arms Shouddham Christmas Opening Hours

Christmas eve : Bar 12-10pm Kitchen 12-3pm

Christmas day : Bar 12-2pm Kitchen Closed

Boxing day : Closed

Saturday 27th : Bar 12-11pm Kitchen 12-3pm & 6-9pm

Sunday 28th : Bar 12-8.30pm Kitchen 12-1pm

Monday 29th : Closed

Tuesday 30th Bar 12-3pm & 5-10pm Kitchen 12-2pm & 6-9pm

New Years Eve : Bar 12-late Kitchen 12-3pm

New Years Day : Closed

Friday 2nd January : Normal opening hours resume



Christmas jokes 2025

Oh deer, oh deer, oh deer, as Rudolph lamented.

Why couldn't Mary and Joseph join their work conference call?
Because there was no Zoom at the inn.

Why does Santa have three gardens?
So he can ho! ho! ho!

What do they sing at a snowman's birthday party?
Freeze a jolly good fellow.

What did the snowflake say to the fallen leaf?
You are so last season!

Why is it getting harder to buy Advent calendars?
Because their days are numbered.



The mist

To walk the dog when the Warren was closed
Was more difficult than one might suppose.
But one morning a wonderful scene emerged before my eyes,
One that can never be seen along the woodland rides.
Walking down the meadow below the church,
With white mist hiding where the birds did perch,
To stand by the gate, and watch the cows,
So peaceful, and there was no one about,
I could hear the pheasants, and look at berries in the hedge,
The mist slowly moving along the edge,
For a moment I felt I was in another world,
As through the mist, the village unfurled.
Through the mist I could hear hymns, the organ started to play,
The tower bells rang out, and forever I could stay.
The old grave stones seemed to speak of times gone by,
I looked at the dog and she gave a sigh.
And suddenly the sun shone through the haze.
I looked once more at the cows as they quietly grazed...

Liz S

John Beckwith

John Beckwith, a familiar face around Shouldham who for many years helped to run the Good Companions club for older villagers, sadly died on September 5th, 2025. John, a keen light-aircraft flyer, passed away suddenly but peacefully at home. His funeral was at Shouldham Church, with his coffin carried by his four grandsons. He was buried next to his first wife Phyl, who died in 2011. John's wife Caroline will be taking over his role as the contact at the Good Companions. Our thoughts are with her and with all of John's family.

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YOUR STORY STARTS HERE

Christmas jokes 2025

How did Mary and Joseph know that Jesus was 7lb 6oz when he was born?

They had a weigh in a manger.

What do you call a bunch of chess players bragging about their games in a hotel lobby?

Chess nuts boasting in an open foyer.

How does Good King Wenceslas like his pizzas?

Deep pan, crisp and even.



Bin & recycling collection dates

Food waste is collected every week in its separate caddy. Bin collection day is on Tuesday.

For latest details, check: https://www.west-norfolk.gov.uk/info/20004/bins_and_recycling.

Tuesday 9th December	Black bin
Tuesday 16th December	Green bin
Tuesday 23rd December	Black bin
Wednesday 31st December	Green bin

Wednesday 7th January	Black bin
Tuesday 13th January	Green bin
Tuesday 20th January	Black bin
Tuesday 27th January	Green bin

Tuesday 3rd February	Black bin
Tuesday 10th February	Green bin
Tuesday 17th February	Black bin
Tuesday 24th February	Green bin

Tuesday 3rd March	Black bin
Tuesday 10th March	Green bin
Tuesday 17th March	Black bin



Dates for your diaries

To find out the latest information, please consult the Shouldham Village Facebook page (<https://www.facebook.com/groups/1682802137399791>), the Shouldham Parish Council Facebook page (<https://www.facebook.com/groups/2089004202121951>) or join the village email list by sending your email address to philharriss@icloud.com.

Monday 1st December, 11am-2pm, King's Arms: **KING'S ARMS CHRISTMAS GET-TOGETHER**. Mince pies, sausage rolls, tea, coffee and live music from Carol-Ann.

Tuesday 9th December, 11.30am-2.30pm, Shouldham Bowls & Social Club: **COMMUNITY FRIENDSHIP CLUB**. Inexpensive two-course lunch; everyone welcome. Last Club before Christmas.

Wednesday 10th December, doors open 6.45pm, eyes down, 7.30pm, Shouldham Bowls & Social Club: **BINGO**. Admission £8, includes bingo book, flyer, jackpot game and stand-up sit-down game. Every 2nd and 4th Wednesday of the month.

Saturday 13th December, 1pm (live dress rehearsal), 6pm (public show), Shouldham Village Hall: **OZRELLAHOODPAN**. The 10th Anniversary Show of Shouldham Pantomime. Adults £5, under-16s free. All proceeds donated to Shouldham Village Hall.

Sunday 14th December, 2pm and 6pm, Shouldham Village Hall: **OZRELLAHOODPAN**. The 10th Anniversary Show of Shouldham Pantomime. Adults £5, under-16s free. All proceeds donated to Shouldham Village Hall.

Wednesday 17th December, 6.30pm, All Saints' Church: **FESTIVAL OF NINE LESSONS & CAROLS**. Mulled wine and mince pies to follow, as usual.

Saturday 20th December, 7.30-11.30pm, King's Arms: **KING'S ARMS CHRISTMAS PARTY**. With Christmas street-food and DJ Jules-E. Fancy dress and Christmas jumpers encouraged!

Monday 22nd December, 7pm, The Green: **CAROLS AROUND THE TREE**. Our annual opportunity for a sing-song around the village Christmas tree on the Green. The King's Arms will be open from 5pm for people to eat their fish & chips. There will be a collection for All Saints' Church. All welcome.

Tuesday 13th January, 2026, 11.30am-2.30pm, Shouldham Bowls & Social Club: **COMMUNITY FRIENDSHIP CLUB**. Inexpensive two-course lunch; everyone welcome.

Wednesday 14th January, doors open 6.45pm, eyes down, 7.30pm. Shouldham Bowls & Social Club: **BINGO**. Admission £8, includes bingo book, flyer, jackpot game and stand-up sit-down game. Every 2nd and 4th Wednesday of the month.

Wednesday 28th January, doors open 6.45pm, eyes down, 7.30pm. Shouldham Bowls & Social Club: **BINGO**. Admission £8, includes bingo book, flyer, jackpot game and stand-up sit-down game. Every 2nd and 4th Wednesday of the month.

Wednesday 11th February, doors open 6.45pm, eyes down, 7.30pm. Shouldham Bowls & Social Club: **BINGO**. Admission £8, includes bingo book, flyer, jackpot game and stand-up sit-down game. Every 2nd and 4th Wednesday of the month.

Wednesday 25th February, doors open 6.45pm, eyes down, 7.30pm. Shouldham Bowls & Social Club: **BINGO**. Admission £8, includes bingo book, flyer, jackpot game and stand-up sit-down game. Every 2nd and 4th Wednesday of the month.

Wednesday 11th March, doors open 6.45pm, eyes down, 7.30pm. Shouldham Bowls & Social Club: **BINGO**. Admission £8, includes bingo book, flyer, jackpot game and stand-up sit-down game. Every 2nd and 4th Wednesday of the month.

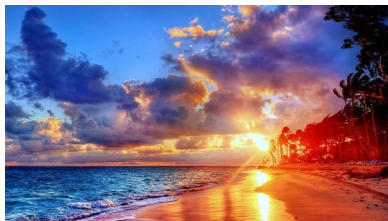
Sunday 22nd March, 2026: **SHOULDHAM NEWS DEADLINE**. The final date for submissions to the Spring edition. If you have any news, views or details of forthcoming events (up to mid-June 2026), please contact Phil Harriss (01366 347244 or 01844 238868/philharriss@icloud.com). Please send articles in Word, rather than pdf format. Electronic, colour copies of the newsletter can be found at Shouldham Facebook page (<https://www.facebook.com/groups/168280213739979/>) and on the Parish Council website: <http://shouldhampc.norfolkparishes.gov.uk/category/newsletters/>

Wednesday 25th March, doors open 6.45pm, eyes down, 7.30pm. Shouldham Bowls & Social Club: **BINGO**. Admission £8, includes bingo book, flyer, jackpot game and stand-up sit-down game. Every 2nd and 4th Wednesday of the month.

The setting sun

The sun going down at the end of the day,
I watch it as the colours mingle and play,
Below the horizon it drifts out of sight,
Leaving a glow as the day turns into the night.

Liz S



Organisations, clubs & services

Please contact *Shouldham News* if any of the details below change.

All Saints' Church

<https://www.westnorfolkpriorygroup.co.uk/>

Vicar: Reverend David Karoon.

Church warden: post vacant.

Key-holder and contact: Alex Gammie (01366 347856/ 07803 248230/ alex@agpr.co.uk).

Services: I am on the first (Morning Prayer) and third (Holy Communion) Sunday of every month.

Bus services

Shouldham has a bus service (the No.39, Monday to Saturday) to Marham and King's Lynn, run by Lynx (<http://www.lynxbus.co.uk/> 01553 611955). There are also occasional bus services (the No.51) run to Norwich and Downham Market by Eagle Coaches (01760 755641/ www.eaglescoaches.co.uk). There is also now a service run by West Norfolk Community Transport to Downham Market, via Fincham, on Mondays, Wednesdays and Fridays (except Bank Holidays). Contact <https://www.wnct.co.uk/our-services/go-to-town/> or (01553) 776971 for details.

Good Companions

A social club for the village's older residents, meeting on the third Wednesday of each month from 2pm to 4pm in the Village Hall. Contact: Caroline Beckwith (07960 507135).

Ladybirds

Shouldham women's social group.

Contact: Sandra (01366 347789) or Lorna (01760 337089/ lorna.mackay@hotmail.co.uk).

Scouting

2nd Runcton Holme & Watlington beavers & cubs. Meet at Runcton Holme Scout Hut next to the school in Runcton Holme. Contact: Bob Keens (01553 810855/ scout.keens@btinternet.com). Beavers meet on Tuesday 5.30-7pm, cubs on Wednesday 6.30-8pm.

Brownies. Meet at Runcton Holme Scout Hut 6-7.15pm Thursdays.

Contact: Brown Owl (Mandy Randle; 01366 388554/ mark.randle@tesco.net).

Guides. Meet at Runcton Holme Scout Hut 7.30-9pm Thursdays.

Contact: Guide Leader (Sarah Mac; 01366 501942/ sarahjmack@hotmail.co.uk).

Shouldham Bowls & Social Club

New Clubhouse, Fairstead Grove, Shouldham (01366 348196).

For all bookings and enquiries, contact the Club at: susannewbyrobson@gmail.com

Please look at our website (<https://www.shouldhambowlsandsocialclub.com>) and our noticeboard for updated information and opening times.

Shouldham Community Orchard Group (SCOG)

For information about our community orchard, and to get involved, please contact: shouldhamcommunityorchard@gmail.com or <https://www.facebook.com/Shouldham-Community-Orchard-102917321314604>

Shouldham Entertainments Committee

New members are more than welcome to join us, to help plan events for our village. We meet once a month, so if you feel you have something to offer, please get in touch. Email Nige Walsh (Chair) at seebnige@live.co.uk or Cara Hobbs (Secretary) at animal_end@hotmail.co.uk (please note that there is an underscore between animal and end).

Shouldham Football Club

<https://www.facebook.com/shouldhamfc.co.uk/>

Chairman: Ian Haddleton (shouldhamfc.sec@gmail.com or shouldhamfc.chair@gmail.com).

Shouldham Parish Council

Contact: Jo Lloyd, Parish Clerk (01760 632011 / clerk@shouldham-pc.gov.uk; office hours 8am-6pm Mon-Fri). Website: <http://shouldhampc.norfolkparishes.gov.uk>.

Shouldham Post Office

Westgate Street, Shouldham (01366 347789). Open 9am-1pm, 2-5pm Mon, Tue, Thur; 9am-noon Wed. Closed Fri-Sun.

Village Hall

Contact: Ann (01366 347669/ annayres@btconnect.com).

Businesses

If you would like your Shouldham-based business included in this directory, please contact *Shouldham News*.

Chalk & Cheese

Contact Andrew & Bridget Archibald, 1 Eastgate Street, Shouldham (01366 348039/ info@chalkandcheesenorfolk.co.uk/www.bed-and-breakfast-west-norfolk.co.uk).

Driving Miss Daisy

<https://drivingmissdaisy.co.uk/kings-lynn/>

Transport and companionship service. Contact Melanie or Natalie on 0333 014 6211 / 07458 005 575 or kingslynn@drivingmissdaisy.co.uk

Keith Matthews Accountancy

Contact 01366 348359/ keithjmatthews@aol.com.

King's Arms

www.kingsarmssouldham.co.uk/ 01366 347410

Owned by our community, which founded the not-for-profit, Shouldham Community Enterprises (SCE). SCE and Support Our King's Arms (SOKA) can be contacted by emailing events@kingsarmssouldham.co.uk. To book a meal at the pub, please phone the manager on 01366 347410. For updates on forthcoming events, consult the King's Arms Facebook page: <https://www.facebook.com/theKingsarmssouldham/>

Norfolk Writing School

Private group and individual book writing and creative writing classes with author and journalist Piper Terrett in Shouldham and King's Lynn. Contact Piper at pipeterrett@gmail.com, 07879 810795 or book via Norfolkwritingschool.com



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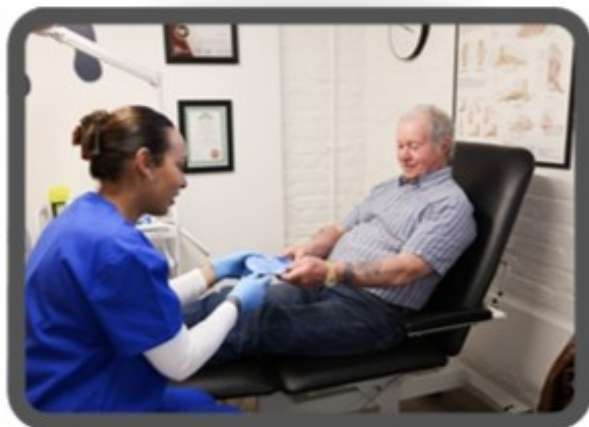
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Downham Market, Norfolk



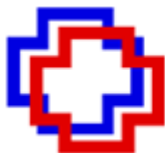
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Charlotte Rose LicAc



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