

SHOULDHAM NEWS

Vol 23 No.3. Summer 2025



Hi summer!

During the summer months, Shouldham makes the most of its setting in glorious Norfolk countryside. The festivities kicked off early this year, with a street party on the Green to commemorate the 80th anniversary of VE Day. A special guest made an unexpected appearance at the event (see below) – cigar and all!

There is plenty more to keep us entertained over the coming months, with our annual Village Fete on Saturday 5th July one of the highlights. Another favourite is the evening dinner and dance, held in the beautiful surroundings of Colt's Hall Barn, on Saturday 19th July. And the summer is rounded off with the All Saints' Flower Festival over the Bank Holiday weekend, followed by the hugely popular Beer Festival on the Green from Friday 29th to Sunday 31st August. For details of all these events and more, see our Dates for your Diaries section.

For this issue, we were grateful to receive an article from Maz Watts, who has recently left the village. Read it and you can't help feeling pride at the generosity and community spirit to be found in Shouldham – pride and immense good fortune to live here.



King's Arms news

Summer events at the King's Arms:

Sunday July 6th, 7pm

Charity pub quiz. Entrance £2.50 per person. Teams of up to six.

Monday 7th July, 8.30-11am

Pop-up café. Charity coffee and cake morning. Please contact Jo (jofreeman17@outlook.com; 07801 866339) if you would like to donate cakes/biscuits or wish to help.

Friday 29th to Sunday 31st August

Summer beer festival. See Dates for your Diary for details.



Shouldham Post Office: new and permanent opening times

Monday 9am-5pm (closed for lunch 1-2pm)

Tuesday 9am-5pm (lunch 1-2pm)

Wednesday 9am-12pm

Thursday 9am-5pm (lunch 1-2pm)



New book from Shouldham artist

Local artist Izzy Wingham has produced a new book about West Norfolk's biggest town. *King's Lynn* – a one-of-a-kind illustrated book – is set to take readers on a visual journey through the fascinating history of King's Lynn, offering a vibrant and captivating look at the town's past. Filled with detailed illustrations, this project, taking seven years to complete, not only showcases the architectural beauty of the town but also provides in-depth information, bringing context to the images. The book will be crowdfunded and is ready to pre-order. Visit the website www.izzywingham.co.uk for more information and to sign up for your copy.

Advertising in Shouldham News

Shouldham News' advertising rates are:

Classified (up to three lines): £1

Quarter page: £10

Half page: £20

Full page: £40



For further details, or to place an ad in the Autumn edition (deadline Sunday 7th September please contact John Dovey (347802/ jadovey@hotmail.com).

Shouldham News is published four times a year and distributed free of charge to all households in Shouldham and Shouldham Thorpe.

Limerick special edition

In this edition, we celebrate the limerick. Our resident poet, Liz Seymour, has sent in a selection.

We know of a cat called Gazebo,
And another we've named Lurcio,
They visit, just appear,
Don't show any fear,
We love them but tell the dog... 'No!'

Gazebo rests in the summerhouse,
Lurcio hides, is ready to pounce,
G has soft paws,
L has sharp claws,
But they both know where there's a mouse!!

April 22nd!

I just heard a cuckoo out loud,
It echoed around and around,
It's got it all wrong,
It's not time for its song,
But we hear it all day from the ground!!

I remember a lady last year,
Out walking, the cuckoo did hear,
She twirled around,
Fell on the ground,
This year she's taking more care!!

In April, the bird's on the wing,
The nettles grew and did sting,
In May it did snow,
With flakes soft and low,
Did the cuckoo continue to sing?

I know of a field nearby,
Where I like to play 'eye spy',
They all run around,
Pink, muddy, and brown,
They're piglets, 'yippee' I cry!

I know of a chap called Phil,
He has many pages to fill,
He waits for a load...
Of limericks, by jove!
Let's hope there's lots, not nil!!

To a friend in Marham

(who was having problems)

There once was a lady whose loo
Was bunged up, what was she to do?
Suddenly a spider
Sat down beside her!
It winked and cried out... boohoo!!

Marie Curie tea party



This year's Marie Curie tea party will be held on Thursday 17th July from 2pm until 4pm on Shouldham Village Green. Any contributions of cakes and raffle prizes will be much appreciated. Please contact Jennifer Malby (jennifermalby39@gmail.com/ 01366 347420).

New Parish Clerk for Shouldham

Our new Parish Clerk is Jo Lloyd. The phone number to contact her (between the hours of 8am to 6pm Monday to Friday) is 01760 632011 and the new email address is clerk@shouldham-pc.gov.uk. The website will remain the same: <http://shouldhampc.norfolkparishes.gov.uk>.

Shouldham Entertainments committee

Summer programme of events:

Saturday 5th July, noon onwards. Village fete. King George V playing field. Tractor rides, dog show, bouncy castle, stalls, face painting, food vendors and so much more! Entrance free.

Saturday 19th July, 7.30pm onwards. Village evening function. Colt's Hall Barn, Shouldham. Food, disco: dance the night away! This event will be advertised around the village in due course, with further details, tickets, etc.

Sunday 27th July, 10am-2pm. Village yard sale.

Advance notification

This year will be the 10th anniversary of the Shouldham pantomime, which will take place over the weekend of 13th and 14th December. If you would like to join the vibrant and mad panto team, stage or crew, contact Nige at: shouldhampanto2025@gmail.com.

Bowls & Social Club news

For all bookings and enquiries, contact the Club at: susannewbyrobson@gmail.com

Please look at our website (<https://www.shouldhambowlsandsocialclub.com>) and our noticeboard for updated information and opening times.

A big thank you from the Entertainments Committee

It has been a fantastic first half of 2025, and the Entertainments Committee would like to take this opportunity to thank everyone for their enthusiastic support and participation in our events so far. We've had a brilliant line-up, including: Creative Arts: *Airport Alien*, Easter Egg Hunt, Village Cycle Ride, 80th Anniversary of VE Day Celebration on the Green (5th May), VE Day Commemoration (8th May, Raising the VE Day Flag in the morning with Shouldham School, and in the evening the Beacon lighting with the adults), Shouldham Annual Open Golf Competition.

Your involvement has helped make each event a success, and we truly appreciate your continued support.

Here's to more great moments ahead! Please do not hesitate to contact Nige (seebnige@live.co.uk /07901107084) if you have any questions or if you would like to join the Entertainments Committee.

Beer Festival – can you help?

As many will already be aware, the Shouldham Beer Festival will take place again on the weekend of Friday 29th to Sunday 31st August. We will be looking for:

- *Volunteers* for the weekend to serve food and drinks; if you're interested, please send your details to: events@kingsarmsshouldham.co.uk
- *Sponsors* (businesses or individuals alike) for our beer/ciders; the cost is £90+VAT to sponsor a barrel and in return you will get your name, and logo if applicable, on to the barrel ends together with your name in the tasting notes and £20 of refreshment tokens at the event. Please send your details to: keithjmatthews@aol.com.



Keep up with the news!

If you would like to keep up with

news happening in our village and the local area, between the three-monthly editions of *Shouldham News*, please send your email address to philharriss@icloud.com. This will entitle you to a free electronic edition of this newsletter – in colour! You can also find out what's happening in Shouldham by joining the village Facebook page on: <https://www.facebook.com/groups/168280213739979/>. An increasing number of villagers have joined this Facebook page, which now provides an excellent means of communication for advertising events, lost pets, etc.



Thank you, Shouldham – a truly special place to call home

I moved to Shouldham on the 1st of June 2017, arriving at Woodward Close after a long overnight drive from Cornwall. I was absolutely shattered, but any tiredness quickly gave way to warmth and gratitude when my neighbour Malcolm – or Mac, as most know him – came out to greet me and the movers with a cuppa. That simple act of kindness set the tone for everything that followed.

From day one, I was struck by how welcoming everyone in the village was. I was fortunate to live next door-but-one to Nigel Walsh – the man who seems to keep everything running in the village! His energy and dedication were a constant source of inspiration. Thanks to people like Nigel and Mac, it didn't take long for Shouldham to feel like home.

During lockdown, a small idea became a lifeline: the 6 o'clock club. We removed fence panels between gardens so we could safely enjoy a socially distanced drink together at the end of each day. What began as a way to stay connected soon grew into something truly special – from those evening drinks came many more shared moments, including wonderful nights playing mini golf in Mac's garden. The 6 o'clock club even threw me several birthday parties over the years, each one full of laughter, love, and joy. In such uncertain times, those moments of connection meant the world.

I gradually found my feet – and courage – to start getting involved. One of my proudest (and most hilarious) moments came when I joined the village panto. After watching from the audience for a couple of years, I finally took the plunge and joined the cast for *Treasure Island – Shouldham style*. I was nervous, but the panto team were so warm and supportive that I soon found myself having an absolute blast. It's an experience I'll never forget. There were so many memorable little moments that made life in Shouldham so special: like the time a neighbour's rabbit (who didn't seem too concerned that it was on the loose) decided to take up residence in my garden. It was clearly a domesticated bunny and seemed perfectly content, if not a little mischievous, merrily digging up my lawn. Cue a hilarious evening of myself and a team of neighbours chasing it around Woodward Close with a fishing net, all of us in fits of laughter. It's one of those moments that perfectly captured the spirit of the street and the kindness of those around me.

And then there were the quieter joys, like the regular, almost magical appearances of muntjac deer in my garden – gentle, peaceful visitors that reminded me how lucky I was to live in such a beautiful corner of the world. I even ventured into the King's Arms solo – a nerve-racking thing to do in a new place, but I was met with friendly faces and soon found myself among friends. That pub, like so much in the village, is more than just a place – it's part of the heartbeat of the community.

Over the years, I've lived in many places, including Holland and Belgium, but nowhere else have I experienced a community quite like Shouldham. It's a truly unique village where people

look out for each other, share laughter, lend a hand, and make newcomers feel like they've always belonged. Most of all, I want to say thank you to my incredible Woodward Close neighbours – Nige, Reggie, Mac, Paula, Lydia and Sarah – who supported me through difficult times, especially last year when I was diagnosed with lung cancer. Your kindness, care, and quiet strength meant more than words can express. You looked out for me when I needed it most, and I will never forget that.

In May this year, I moved to West Yorkshire to begin a new chapter, but Shouldham will always have a very special place in my heart. The friendships I made, the memories we created, and the sense of true community I felt will stay with me forever.

To all my neighbours and friends in Shouldham – thank you. Thank you for the warmth, the welcome, the fun, and most of all, the friendship. Living in Shouldham was a very special chapter in my life, and I'll always hold it in my heart with great affection.

With love and gratitude, Marianne Watts (Maz)

'A Right Song and Dance': Flower Festival 2025

This year's All Saints' Flower Festival will take place once again over the August Bank Holiday weekend: on Saturday 23rd, Sunday 24th and Monday 25th, from 10am to 5pm each day. The theme will be 'A Right Song and Dance', with displays based upon favourite songs and dances. In addition to the displays, there will be refreshments (tea and cakes), a bric-a-brac stall and children's activities. For more information, please contact Alex (01366 347856/ alex@agpr.co.uk).

Magpie Centre news

The Magpie Centre, home of West Norfolk Riding for the Disabled Association, has joined the Pony Club as a Linked Riding Centre, joining a

nationwide network of more than 400 riding centres working in partnership with The Pony Club to provide outstanding opportunities for young riders and their coaches. As a Linked Centre, we can now offer Pony Club membership to our riders, so they can access internationally recognised tests and Achievement Badges to help them progress their riding and pony care skills, plus the chance to participate in Pony Club competitions. These experiences help to build confidence, teamwork and responsibility.

As we are one of the UK's biggest RDA groups, with an annual turnover of £200,000, and no Government funding, the need to raise money is a continuing activity.

And for those addicted to forward planning, save the date: Saturday October 11th for our Quiz with Hog Roast Supper (with veggie alternative). Venue: Stowbridge Village Hall, Downham Road, Stowbridge. PE34 3PW. Doors open 7pm for 7.30pm start. Bring your own drinks. Details on prices and how to book will be given nearer the time.



Healthcare investment for West Norfolk

Terry Jermy, MP for South West Norfolk

My number one priority when standing to be an MP was a determination to address the numerous health and social care challenges across West Norfolk. I am sure we all have either a personal or family story of navigating the NHS and social care system, and the frustrations that come from that.

As a Member of Parliament, approximately a third of all the casework my team and I manage is health or social care-related, and I am all too aware, both through my work as MP, and from an individual perspective, how our public services are broken following years of neglect from the previous government. For example, for too long buildings were left in urgent need of work, often causing frustrating and avoidable delays to appointments.

That is why I am thrilled with the recent announcement that the Queen Elizabeth Hospital (QEH) in King's Lynn will receive nearly £3m of Government funding for much-needed repairs which will deliver vital maintenance improvements to help prevent cancelled appointments and operations. As a result of this funding, patients will benefit from better services and facilities. This recent announcement follows the news from earlier in the year, when the Government confirmed that £1.4bn of funding for the QEH would be made available for the longer-term replacement hospital.

In addition to the QEH, local GP, Bridge Street Surgery in Downham Market, was recently announced as one of the recipients of Government funding focused on modernising local practices. The surgery, which I visited last month, will share in more than £100m to create additional space to see more patients, boost productivity and improve patient care. This funding represents the biggest investment in GP facilities in five years.

Underpinning much of our health and social care system is the vital contribution of carers. Carers Week, the annual campaign to raise awareness around caring, took place in June. I met with Carers Voice, an independent charity supporting carers in Norfolk and Waveney, to discuss the vital role carers play. We spoke about carers' identity passports, young carers and the cross-border discharge process, and also touched on the importance of highlighting the care many of us are responsible for with our loved ones. Caring is complex, demanding and emotional work, and it is crucial to make everyone aware, both professional carers and those who undertake caring responsibilities in a personal capacity, that support is available.

I will be in Shouldham on Friday, July 4th. Please do send me an email if you would like to arrange a time to meet: terry.jermy.mp@parliament.uk

QEH 'EPIC moves, better lives' appeal

My name is Lydia and I'm part of the Queen Elizabeth Hospital's Charity (as well as a resident of Shouldham!). We're dedicated to transforming care at your local hospital by funding cutting-edge medical equipment,



life-changing research, specialist training, and improved facilities for both patients and staff.

The hope of our [EPIC Moves, Better Lives appeal](#) is to continue our fantastic reconditioning and exercise therapy at the QEH for patients living with cognitive impairment and frailty. These sessions, that complement those which QEH staff deliver, are particularly targeted at patients living with frailty and cognitive impairment, encouraging physical activity, reducing anxiety, and maintaining their abilities. Your support would mean so much.

Lydia Radford Fundraising Support Officer, The Queen Elizabeth Hospital King's Lynn NHS Foundation Trust (lydia.radford@qehkl.nhs.uk / www.qehklcharity.co.uk / JustGiving: www.justgiving.com/qehkl)

Toilet rolls

When you buy your toilet rolls

You need a PhD,

The dazzling array to look at,

You need time to sort, and see!

Soft, padded, cushioned,

Can you be sure it's true?

Will it be kind and gentle?

Will it do what it's meant to do?

Why can't we just buy one?

Instead, the sky's the limit.

Get them home, start to use,

Bother, might as well bin it!!

Those of a certain age will remember,

Toilet rolls were crisp and dry!

Even newspaper would do.

My mother would be amazed

At loo rolls that are scented too!

Liz S

Shouldham Entertainments Presents

Shouldham Village YARD SALES

SUNDAY 27TH JULY

10AM- 2PM



SHOULDHAM VILLAGE YARD SALES

Sunday 27th

July 2025

10am till 2pm

Now taking
bookings

£5 To get your home on the map
for the yard sales

please contact ziamason84@gmail.com

All proceeds from this go to the village
Entertainments fund for future events



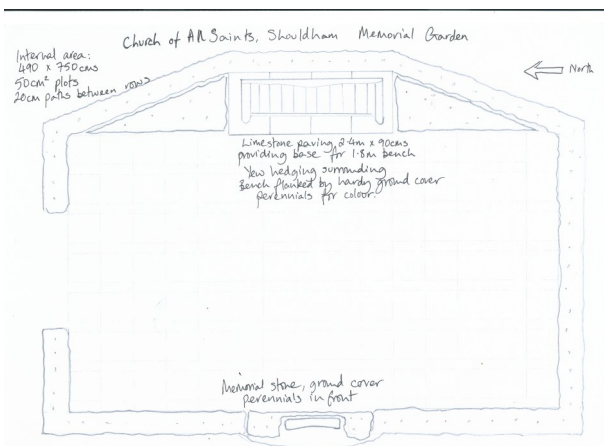
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News from All Saints' Church, Shouldham

We are in the process of sorting out the 'Faculty' (ie permission from the diocese) for our proposed Garden of Remembrance for the interment of ashes in the old churchyard at All Saints', which is being kindly funded by donations from The Ladybirds and Shouldham Community Enterprises (the pub!) – a wonderful example of community institutions supporting another. The design is as below and will be carried out by experienced local garden designer, Claudia Morley.

The site is just beyond the east end of the church, among the Victorian headstones, and should be a wonderfully peaceful space for contemplation. There are stakes currently marking out the proposed area, for anyone who is interested in viewing it.

Alex Gammie



Bin & recycling collection dates

Food waste is collected every week in its separate caddy. Bin collection day is on Tuesday. For latest details, check: https://www.west-norfolk.gov.uk/info/20004/bins_and_recycling.

Tuesday 1st July	Green bin
Tuesday 8th July	Black bin
Tuesday 15th July	Green bin
Tuesday 22nd July	Black bin
Tuesday 29th July	Green bin

Tuesday 5th August	Black bin
Tuesday 12th August	Green bin
Tuesday 19th August	Black bin
Wednesday 27th August	Green bin

Tuesday 2nd September	Black bin
Tuesday 9th September	Green bin
Tuesday 16th September	Black bin
Tuesday 23rd September	Green bin
Tuesday 30th September	Black bin



Dates for your diaries

To find out the latest information, please consult the Shouldham Village Facebook page (<https://www.facebook.com/groups/1682802137399791/>), the Shouldham Parish Council Facebook page (<https://www.facebook.com/groups/2089004202121951/>) or join the village email list by sending your email address to philharriss@icloud.com.

Friday, July 4th: **TERRY JERMY MP IN SHOULDHAM.** The MP for South West Norfolk will be visiting Shouldham. Email him at terry.jermy.mp@parliament.uk if you would like to arrange a time to meet.

Saturday 5th July, noon-4pm, King George V Playing Field, Shouldham: **SHOULDHAM VILLAGE FETE.** Tractor rides, dog show, bouncy castle, stalls, face painting, food vendors and so much more! Entrance free.

Sunday July 6th, 7pm, King's Arms: **CHARITY PUB QUIZ.** Entrance £2.50 per person. Teams of up to six.

Monday July 7th, 8.30-11am, King's Arms: **POP-UP CAFE.** Charity coffee and cake morning. Please contact Jo (jofreeman17@outlook.com; 07801 866339) if you would like to donate cakes/biscuits or wish to help.

Sunday 13th July, 6-9pm, King's Arms: **SHOULDHAM MUSIC SESSIONS.** Acoustic music, mainly Irish, Scottish and English tunes. Entrance is free, whether you're coming along to play or simply to enjoy listening to the music.

Thursday 17th July, 2-4pm, Shouldham Village Green: **MARIE CURIE TEA PARTY.** Contributions of cakes and raffle prizes will be much appreciated. Please contact Jennifer Malby (jennifermalby39@gmail.com/ 01366 347420).

Saturday 19th July, 7.30pm, Colt's Hall Barn: **VILLAGE EVENING FUNCTION.** Food, disco: dance the night away! Further details will be advertised around the village closer to the time.

Sunday 27th July, 10am-2pm, all around the village: **SHOULDHAM VILLAGE YARD SALES.** To get your home on the map for the yard sales (£5), please contact ziamason84@gmail.com. All proceeds go to the village Entertainments fund for future events.

Sunday 10th August, 6-9pm, King's Arms: **SHOULDHAM MUSIC SESSIONS.** Acoustic music, mainly Irish, Scottish and English tunes. Entrance is free, whether you're coming along to play or simply to enjoy listening to the music.

Saturday 23rd to Monday 25th August, 10am-5pm. All Saints' Church, Shouldham: **ALL SAINTS' FLOWER FESTIVAL.** Theme: 'A Right Song and Dance'. Any budding arrangers (pun intended) can book their slots from now, and we also welcome volunteers for the teas, bric-a-brac stall and stewarding. In addition to the displays, there will be refreshments (tea and cakes), a bric-a-brac stall and children's activities. For more information, please contact Alex (01366 347856/ alex@agpr.co.uk).

Friday 29th August 5-11pm, Saturday 30th August, 1-11pm, and Sunday 31st August, noon-6pm. The Green, Shouldham: **SUMMER BEER & MUSIC FESTIVAL.** Live bands, local food and lots of beer, cider and gin from Norfolk and beyond. Free entrance, plus free camping on the playing field.

Sunday 7th September: **SHOULDHAM NEWS DEADLINE.** The final date for submissions to the Autumn edition. If you have any news, views or details of forthcoming events (up to early December 2025), please contact Phil Harriss (01366 347244 or 01844 238868/ philharriss@icloud.com). Please send articles in Word, rather than pdf format. Electronic, colour copies of the newsletter can be found at Shouldham Facebook page (<https://www.facebook.com/groups/168280213739979/>) and on the Parish Council website: <http://shouldhampc.norfolkparishes.gov.uk/category/newsletters/>

Sunday 14th September, 6-9pm. King's Arms: **SHOULDHAM MUSIC SESSIONS.** Acoustic music, mainly Irish, Scottish and English tunes. Entrance is free, whether you're coming along to play or simply to enjoy listening to the music.

Just a thought

Bright green patches of light,
On the forest floor, shining bright,
What a joy it brings as you walk along,
Feet firmly on the ground where they belong.
No jumping, cycling, rushing about,
No need to have a daily workout,
Just saunter slowly wherever you please,
And let your mind rest, let your body be at ease.

Liz S

The pathway

The tears of love light up the brightest star,
Lighting a pathway close to where you are,
A place where you may wander, to drift, to dream...
To remember...

Liz S



All Saints' Church,
Shouldham

Flower Festival

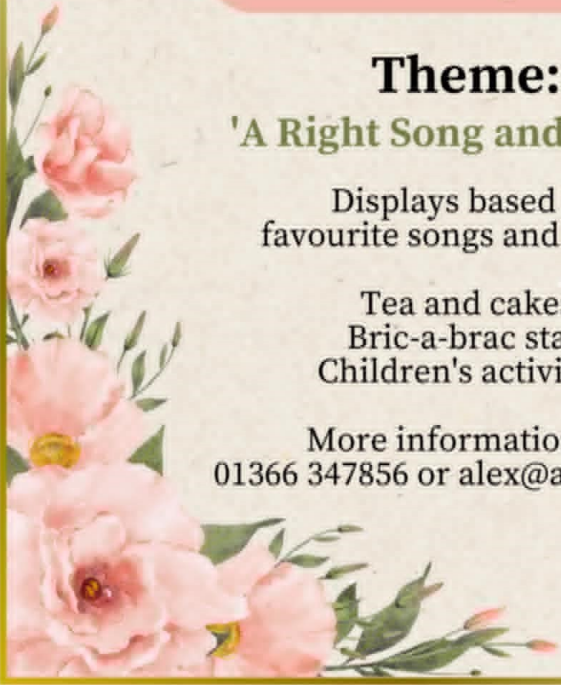
Bank Holiday Weekend:
23rd-25th August 2025
10am-5pm

Theme:
'A Right Song and Dance'

Displays based on
favourite songs and dances

Tea and cakes
Bric-a-brac stall
Children's activities

More information on
01366 347856 or alex@agpr.co.uk



Organisations, clubs & services

Please contact *Shouldham News* if any of the details below change.

All Saints' Church

<https://www.westnorfolkpriorygroup.co.uk/>

Vicar: Reverend David Karoon.

Church warden: post vacant.

Key-holder and contact: Alex Gammie (01366 347856/ 07803 248230/ alex@agpr.co.uk).

Services: I am on the first (Morning Prayer) and third (Holy Communion) Sunday of every month.

Bus services

Shouldham has a bus service (the No.39, Monday to Saturday) to Marham and King's Lynn, run by Lynx (<http://www.lynxbus.co.uk/> 01553 611955). There are also occasional bus services (the No.51) run to Norwich and Downham Market by Eagle Coaches (01760 755641/ www.eaglescoaches.co.uk). There is also now a service run by West Norfolk Community Transport to Downham Market, via Fincham, on Mondays, Wednesdays and Fridays (except Bank Holidays). Contact <https://www.wnct.co.uk/our-services/go-to-town/> or (01553) 776971 for details.

Good Companions

A social club for the village's older residents, meeting on the third Wednesday of each month from 2pm to 4pm in the Village Hall. Contact: John Beckwith (01366 347853/07952766659/ jbeckwith1940@icloud.com).

Ladybirds

Shouldham women's social group.

Contact: Sandra (01366 347789) or Lorna (01760 337089/ lorna.mackay@hotmail.co.uk).

Scouting

2nd Runcton Holme & Watlington beavers & cubs. Meet at Runcton Holme Scout Hut next to the school in Runcton Holme. Contact: Bob Keens (01553 810855/ scout.keens@btinternet.com). Beavers meet on Tuesday 5.30-7pm, cubs on Wednesday 6.30-8pm.

Rainbows. For girls aged five to seven. Meet at Runcton Holme Scout Hut 4.30-5.30pm Thursdays. Contact: Poppy (Jane Rose-Land; 01366 347452/ jsroseland@gmail.com).

Brownies. Meet at Runcton Holme Scout Hut 6-7.15pm Thursdays.

Contact: Brown Owl (Mandy Randle; 01366 388554/ mark.randle@tesco.net).

Guides. Meet at Runcton Holme Scout Hut 7.30-9pm Thursdays.

Contact: Guide Leader (Sarah Mac; 01366 501942/sarahjmack@hotmail.co.uk).

Shouldham Bowls & Social Club

New Clubhouse, Fairstead Grove, Shouldham (01366 348196).

For all bookings and enquiries, contact the Club at: susannewbyrobson@gmail.com

Please look at our website (<https://www.shouldhambowlsandsocialclub.com>) and our notice-board for updated information and opening times.

Shouldham Community Orchard Group (SCOG)

For information about our community orchard, and to get involved, please contact: shouldhamcommunityorchard@gmail.com or <https://www.facebook.com/Shouldham-Community-Orchard-102917321314604>

Shouldham Entertainments Committee

New members are more than welcome to join us, to help plan events for our village. We meet once a month, so if you feel you have something to offer, please get in touch. Email Nige Walsh (Chair) at seebnige@live.co.uk or Cara Hobbs (Secretary) at animal_end@hotmail.co.uk (please note that there is an underscore between animal and end).

Shouldham Football Club

<https://www.facebook.com/shouldhamfc.co.uk/>

Chairman: Ian Haddleton (shouldhamfc.sec@gmail.com or shouldhamfc.chair@gmail.com).

Shouldham Parish Council

Contact: Jo Lloyd, Parish Clerk (01760 632011 / clerk@shouldham-pc.gov.uk; office hours 8am-6pm Mon-Fri). Website: <http://shouldhampc.norfolkparishes.gov.uk>.

Shouldham Post Office Westgate Street, Shouldham (01366 347789). *Open* 9am-1pm, 2-5pm Mon, Tue, Thur; 9am-noon Wed. *Closed* Fri-Sun.

Village Hall

Contact: Ann (01366 347669/ annayres@btconnect.com).

Businesses

If you would like your Shouldham-based business included in this directory, please contact *Shouldham News*.

Chalk & Cheese

Contact Andrew & Bridget Archibald, 1 Eastgate Street, Shouldham (01366 348039/ info@chalkandcheesenorfolk.co.uk/www.bed-and-breakfast-west-norfolk.co.uk).

Driving Miss Daisy

www.drivingmissdaisy.co.uk/KingsLynn

Transport and companionship service. Contact Melanie or Natalie on 0333 014 6211 / 07458 005 575 or kingslynn@drivingmissdaisy.co.uk

Keith Matthews Accountancy

Contact 01366 348359/ keithjmatthews@aol.com.

King's Arms

www.kingsarmsshouldham.co.uk/ 01366 347410

Owned by our community, which founded the not-for-profit, Shouldham Community Enterprises (SCE). SCE and Support Our King's Arms (SOKA) can be contacted by emailing info@kingsarmsshouldham.co.uk.

To book a meal at the pub, please phone the manager on 01366 347410. For updates on forthcoming events, consult the King's Arms Facebook page: <https://www.facebook.com/thekingsarmsshouldham/>



EVRY
ELECTRICAL

Nick Evry

M: 07900 040465

T: 01366 347900

E: nickevry@evryelectrical.co.uk

W: www.evryelectrical.co.uk



**All electrical work undertaken.
Contact me today for a free no obligation quotation.**

Epic Moves, Better Lives Appeal

Lift Spirits, Make Smiles, Move More

We need your support to keep providing vital exercise therapy sessions for dementia patients at The QEHL. Since January, these sessions have been delivered by EPIC Norfolk, a non-profit specialist team.

Our goal is to fully integrate this service into our wards, using the expertise of EPIC Norfolk to train our staff and expand access to all patients with cognitive impairment and frailty. With your help, we can ensure that these life-changing therapies continue to benefit those who need them most. Please support our appeal and help us make a lasting difference.



Donate to our appeal
Scan the QR code or visit
gehklcharity.co.uk for details



THE FOOT HEALTH PRACTICE



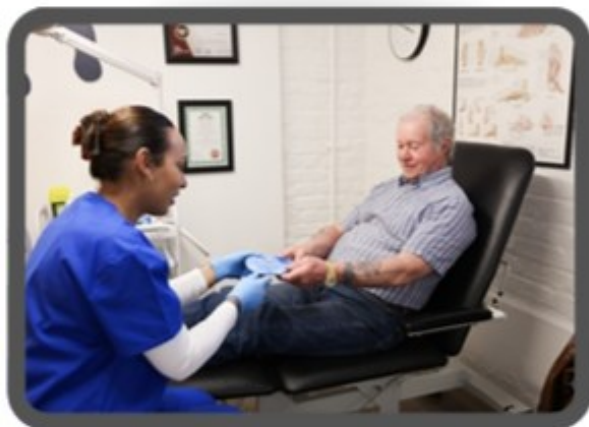
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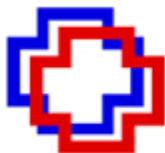
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