

SHOULDHAM NEWS

Vol 17 No3. Winter 2018/19



We're off to see the wizard!

Welcome to the Christmas edition of *Shouldham News*, packed once again with events and reports that celebrate our extraordinary village.

In November, Shouldham commemorated the centenary of the end of the First World War with due solemnity, and there are several reports in this edition of how the village marked the occasion. It would be fitting to make a permanent record of such a momentous period in our history and there are tentative plans to produce a book on the subject. If you would like to help in any way with the project, please contact Phil Harriss (philharriss@icloud.com).

On a lighter note, there has, as usual, been plenty happening in and around Shouldham in 2018 – including popular annual events such as the Village Bike Ride in May, the Fun Day in July, the Flower Festival in August, and another highly successful King's Arms Beer and Music Festival in September. It's a sign of a healthy local social life that such village get-togethers are not only surviving, but thriving, and more are being added to their number with each passing year.

Now firmly established on our winter calendar, Shouldham's fourth annual pantomime, *The Wizard of Oz*, takes place over the weekend of December 8th and 9th. Gossip has been rife over the past few months, with conversations in the King's Arms inevitably starting with the question: 'Are there enough female parts to satisfy the craving of Shouldham's menfolk to dress up in women's clothing?', which leads to the follow-up enquiry 'Will they have an entire battalion of Dorothys?' As we go to press, tickets for all performances have already sold out. If you're lucky enough to possess one, enjoy!

The pantomime is yet another beneficiary of Shouldham's precious collection of willing volunteers: the lifeblood of our village. *Shouldham News* too would never see the light of day without its band of dedicated helpers: from our talented designer, Emma Gibson, to our long-suffering ad manager, John Dovey, our invaluable treasurer Keith Matthews and our admirable, if footsore, door-to-door distributors: John McGourty, John Dovey, Arna Gills, Derek Holmes, Ann Hullah, Chris Lawrence, Karen Dashfield, Jennifer Malby, Katie Reading and Valerie Negus. We wish them, and all our readers, a very merry Christmas and an inspiring New Year.

Armistice Centenary Exhibition

For the past 18 months Tim Peers – ably assisted by his wife, Kay – has been re-researching the names of the Shouldham men who are commemorated on the war memorial in the churchyard. He assembled a considerable amount of information, as well as personal photographs and details of the village at the time of the First World War. All this immense effort came to fruition in the most stunning exhibition of the details of the 27 men who gave their lives in the Great War. The display boards occupied both sides of the nave and carried documentary evidence of the men's households, their occupations and regiments, as well as details of the dates of their deaths and war graves (where known). In addition, there were photographs of Shouldham village life before, and immediately after, WW1.

Tim's efforts were superbly complemented in the chancel and Lady Chapel by all the work that pupils from St Martin's at Shouldham Primary Academy have been doing in relation to the 1914-1918 War. After visits to our own memorial and another at Lynn's Greyfriars' Garden, the children had produced letters, poetry, artwork and models – all of which captured the heartfelt sorrow and suffering of service personnel and civilians during that awful conflict. The exhibition quite properly drew many visitors, not least Liz Truss, our MP. On behalf of All Saints' PCC, we wish to congratulate and thank Tim (and helpers) for putting on a most fitting tribute to mark the centenary of the 1918 Armistice. Our thanks, too, to the staff and pupils of the school; and to the families and friends of the Fallen for the kind access to manuscripts, photos and memorabilia that made this a really moving event.

Church bells and a beacon

To mark the Armistice centenary, and in conjunction with the Exhibition, All Saints' bells – in common with many others across Britain – were rung for 30 minutes up to 7pm. At that time, the ringers joined a good crowd of villagers to hear the trumpeter sound the 'Last Post' and observe a minute's silence before 'Reveille' heralded the lighting of a huge beacon in the adjacent field. This was organised by Geoffrey Hipperson and lit by Jennifer Malby who has family connections to the Muffetts who are commemorated on the war memorial. It was a really impressive bonfire! This heralded the end of the Armistice celebrations in Shouldham – our thanks to all who helped mark this historic occasion.

Donations toward church funds given at the Exhibition amounted to £165, which the PCC acknowledges with gratitude.

Ann & Brian Hullah



Lest We Forget

The 27 named on the Shouldham war memorial are:

Lister Box; Thomas Box; Thomas Brown; John Buckingham; Robert Button; Ivor Callaby; Sydney Carter; Richard Dane; Reginald Green; Robert Grief; Robert Howell; Herbert Mace; Charles Muffett; William Muffett; Albert Plaice; Frank Plaice; Bertie Plaice; Arthur Plaice; Harold Plaice; Albert Porter; Edward Porter; William Porter; Stanley Preston; Frederick Preston; John Patterson; Charles Trundle; Leonard Wright.

Shouldham's war dead: untold stories

For those who were unable to visit the Armistice Centenary Exhibition at Shouldham church over the weekend of November 10th and 11th, here we print a shortened version of Tim Peers' invaluable research into the stories of local families.

The 1911 census for our village shows the male population of Shouldham as 267 (from young babies to old men). Twenty-seven men from Shouldham died during the war.

The Plaice family

Robert Plaice was born in Shouldham in 1848, but moved to London where he was a Metropolitan policeman. After his first wife died, Robert remarried. He, and his new wife Mary, moved back to Shouldham, but not before their son Bertie was born, on December 6th, 1894. Living at 84 Westgate Street, they had three more sons: Arthur Edward, Harold and Alfred Ashley (known as Ashley).

By August 1914 and the outbreak of war, Bertie had left school and was employed as a gamekeeper on the royal estate at Sandringham. It was therefore almost inevitable that he would join 1/5th Battalion, Norfolk Regiment, many of whom were Sandringham estate employees. Arthur, Harold and Ashley also joined up.

- In 1915 Bertie travelled to Gallipoli and died there on August 12th 1915, in the action that was depicted in the film, *All the King's Men*.
- Harold died on November 11th, 1915. He is buried in Cyprus.
- Arthur died in April 1917, at the second battle of Gaza.
- Ashley was born in 1900, so clearly too young to have signed up. The right thing to do would be for Ashley to be returned home. With that in mind, Mary Plaice and Alice Hipperson travelled to Norwich, the headquarters of the Norfolk Regiment. They made representations there, with a view to having Ashley returned home. This was refused. Further representations were made with the War Office in London,

and eventually Ashley was returned home. His mother may have been very happy to see her last remaining son back in Shouldham, but Ashley was not! His three older brothers had all been killed. All that Ashley wanted to do was get to France and kill Germans. Thankfully that was not to be.

Ashley married Florence Maude Merrison. She lived at 'Dunroamin' on The Green at Shouldham, and had been assistant post mistress for Alice Hipperson. After getting married they moved to Yorkshire, where Ashley worked for Pilkington Glass. The couple eventually returned to Shouldham, to 84 Westgate Street, and Florence took over Shouldham's post office, moving it to Westgate Street.

Ashley subsequently worked at RAF Marham, where he rose to become 'Clerk of Works' at the base.

The Muffett family

Jonathan Muffett was born in Shouldham Thorpe in 1864, but in 1904 was living in Wormegay when his wife Alice died, leaving him to bring up seven children: four boys (Richard, John, Charles, and William) and three girls (Ivy, Mable and Gladys).

He moved the family to Shouldham, initially moving in with his sister Emily on Eastgate Street.

Once he had secured a place of his own, Jonathan moved most of the family round the corner on to The Green, at 2, Alpha Cottages. At the outbreak of war, the three eldest boys joined up.

- Charles enlisted at Downham Market, joining 1st Battalion, Norfolk Regiment. He died of wounds on May 7th 1915, probably at the 2nd Battle of Ypres.
- William joined 3rd Battalion, Royal Fusiliers. He died on October 17th 1918.
- Richard enlisted with The Norfolk Regiment, but later transferred to another regiment. He fought at Mons, Passchendaele and Ypres. He was taken prisoner, but managed to escape. His final posting was to India. He managed to survive the war and subsequently married the war widow of another Shouldham boy, Albert Plaice. Albert had married Evelyn Hannah Thurling in 1913 and the couple had moved into 2, Forresters Row, Norwich Road, Shouldham. When war broke out Albert had joined 156th Heavy Battery, Royal Garrison Artillery. Sadly, he was killed on August 11th, 1917, and is buried at Lijssenthoek Military Cemetery in Belgium. In 1919 Richard Muffett and Evelyn Plaice were married, living at 2, Forresters Row.

The Porter family

The Porters are a very old Shouldham family. William Porter married Emma in 1875. They had six children, two of whom, William Frederick Porter and Edward Porter, were killed in the war.

James Porter, a cousin to William, worked for Walter Lemmon at Colts Hall, looking after his horses. He married Florence and moved into 1, Alpha Cottages, The Green. They had three children: Albert, born 1897, John, born 1900, and Alice, born 1902.

At the outbreak of war, Albert joined 'F' Battery, Royal Horse Artillery. The Battery was heavily involved in the fighting on the Western Front, seeing action in Ypres, Loos, the Somme, Arras and Cambrai among other battles. Albert was killed on May 3rd 1917.

John was too young to enlist, so survived the war and later married Hazel. They had three children, the youngest of whom, also named John, took over the occupancy of 1 Alpha Cottages, and remained there until just a few years ago when he moved to Fincham. John is still part of the Shouldham bell-ringing team.

Armistice Exhibition – thank you!

Thank you very much to all of you who attended the Armistice Centenary Exhibition at Shouldham church over the weekend of November 10th and 11th. It felt a labour of love to commemorate the 27 men from Shouldham who lost their lives, and to have the opportunity to pay our respects and appreciate Shouldham pre- and post-war. I am so pleased it was so well received and for the many very kind comments from the visitors and descendants. I wanted to say a very big thank-you to those people who met with me, provided research and photos, and for the band of volunteers across the village who gave of their time, transport facilities and hard work in planning, installing, maintaining, removing and clearing-up the exhibition. I am also grateful to everyone who visited it. A *huge* thank you to you all.

Tim Peers



Magpie Centre news

Events have been moving fast at the Magpie Centre, home of West Norfolk Riding for the Disabled Association. In response to last month's appeal for volunteers, especially trustees, we are delighted to welcome a new Child Protection Officer, and several other roles have also been filled.

However, we are still in need of a new Treasurer. Maybe you've recently retired, or for some other reason have more time on your hands now. Experience with horses and/or people living with disabilities is not essential, but if you have a flair for book-keeping, and want to join a friendly team, please call the Magpie Centre on 01553 810202 or our Chairwoman, Rosie O'Grady on 01366 500104 for an informal chat.

October 20th saw our very successful Quiz with Hog Roast supper, held at Watlington Village Hall. We had more than 100 participants, divided into 18 teams, and made just over £1,400 profit for the Centre. This was very timely, as the Centre's 14 equines consume around £6,000 worth of hay every winter. If you'd like to buy us a bale or two, for a donation of £4 each, just log on to www.rda-westnorfolk.org.uk and click on the Donate button. Or if you prefer, send a cheque, payable to WNRDA, to the Magpie Centre, Wallington Hall, South Runcton, King's Lynn PE33 0EP. All donations, however modest, are very much welcomed. If you are a UK taxpayer and would like us to claim Gift Aid on your donation, just email, write to us, or phone 01553 810202 and we'll send you a Gift Aid form.

Meanwhile, a happy Christmas to everyone, and thank you all, as a community, for your continuing support for the Magpie Centre.

Christmas trees and Carol Service

The now-accepted practice of placing Christmas trees in church, in memory of loved ones, will be repeated at the approaching festive season. The trees need to be in place before the Service of Nine Lessons and Carols on Thursday, 20th December at 7pm. Please let Ann (347814) know if you are intending to provide a decorated tree. The church will be candlelit for the occasion, followed by seasonal refreshments after the service. Canon William Burke (Rural Dean) has again kindly agreed to celebrate Midnight Mass at 11.30pm on Christmas Eve, so please try to attend one of the services if you can.

Anne & Brian Hullah



Bin & recycling collection dates

Monday 10th December	Green bin and food waste
Monday 17th December	Black bin and food waste
Monday 24th December	Green bin and food waste

Wednesday 2nd January, 2019	Black bin and food waste
Tuesday 8th January	Green bin and food waste
Monday 14th January	Black bin and food waste
Monday 21st January	Green bin and food waste
Monday 28th January	Black bin and food waste

Monday 4th February	Green bin and food waste
Monday 11th February	Black bin and food waste
Monday 18th February	Green bin and food waste
Monday 25th February	Black bin and food waste

Monday 4th March	Green bin and food waste
Monday 11th March	Black bin and food waste
Monday 18th March	Green bin and food waste
Monday 25th March	Black bin and food waste



Advertising in Shouldham News

Shouldham News accepts advertising. The rates are:

Classified (up to three lines): £1

Quarter page: £10

Half page: £20

Full page: £40



For further details, or to place an ad in the Spring edition (deadline Sunday 3rd March), please contact John Dovey (347802/ jdovey@btinternet.com). *Shouldham News* is published four times a year and distributed free of charge to all households in Shouldham and Shouldham Thorpe.

Advertise for the whole year (four issues) and get 25% off

News from Watlington Surgery

Obesity: our modern epidemic

Many people in the UK 'carry a bit of extra weight' – it has almost become the norm, with 62% (nearly two out of every three people) being overweight and 27% (more than one in four people) being medically obese.

Obesity is often caused by consuming an excess of calories – primarily from sugary, fatty foods – which you do not burn off during the day (through exercise and normal activities). It is much easier to buy and eat foods that are high in sugar and fat than it used to be; we all live busy lives and it seems quick and easy to use pre-prepared foods (if we get something we can cook in its packaging we don't even have to do the washing up afterwards!).

Obesity can not only reduce quality of life and the ability to be active, but it increases the risk of many diseases and conditions, including:

- heart disease
- type two diabetes
- high blood pressure
- cancers, including bowel, breast, uterus, oesophageal (food pipe), pancreatic, kidney, liver, stomach, gallbladder, ovarian and thyroid; in fact obesity is the second commonest preventable cause of cancer after smoking
- joint problems



obesity can also have a negative impact of mental wellbeing.

It is often difficult to change the habits that have increased our weight, but this is really worth doing. Many of the conditions it causes or aggravates can be reduced or even cured by losing some of the excess weight. Even a 10% loss of weight has been proven to make significant improvements in health. Now that the supermarkets have a bit more competition it is possible to buy better food more cheaply. If you spend 15 minutes out of your 960 waking minutes (that's about 1.5% of your day!) making your own Bolognese or shepherd's pie – it will be less fatty, less full of chemicals, tastier and cheaper than buying ready meals for the family. Of course we live in the real world and sometimes we need short cuts and treats. Don't make your life miserable, but try making some small changes and see how you get on.

By decreasing the calories you eat and increasing the calories you use up – by walking the children to school instead of using the car, planned exercise such as going to the gym, walking the dog a bit more briskly and for an extra five minutes each time, or even just parking further away from the office, using the stairs instead of the lift, or getting off the bus a stop early, or dancing about in the kitchen while you cook the kids' tea – you will find it easier to start to shift the pounds. You will then have more energy and feel better in yourself. Stick with it for three weeks and see if it makes a difference.

News from CATSS (Campaigners Against Two Silica Sites)

The following is taken from the latest press release from CATSS

Norfolk County Council has put forward Shouldham Warren as one of the 'Areas of Search' to mine for silica sand, by the minerals company Sibelico. The 'Area of Search' proposed is *massive*. Shouldham village could fit in this area 10 times.

CATSS (Campaigners Against Two Silica Sites) are fighting to get Shouldham Warren removed from the Minerals and Waste Local Plan. A quarry of this size will destroy this beautiful woodland that's used recreationally every day by families, walkers, riders, cyclists, runners, nature lovers... not to mention the devastation to the natural habitats.

CATSS Action Group have plans to run informative surgeries so locals from surrounding communities can come and talk to us about their concerns and seek guidance on how best to object to these plans. Keep your eyes peeled for forthcoming dates for these.

The next chance you'll have to object is in early February 2019. In the meantime we have got to keep fighting for our communities, countryside, health, wildlife, wellbeing and future generations.

You can sign the petition at [https:// bit.ly/2Qghw2s](https://bit.ly/2Qghw2s), and can contact CATSS by email at norfolkatss@gmail.com or via the Facebook page (search for Shouldham & Marham Silica Sand Action Group).



Carols round the tree

Our annual singing of carols around the tree on the Green will take place this year on Monday 17th December at 7pm. There will be a donation box if you wish to give to a local charity.

DATES FOR YOUR DIARIES

Saturday 8th December (6pm) and Sunday 9th December (2pm matinée, 6pm evening), Shouldham Village Hall: **THE WIZARD OF OZ**. Shouldham's spectacular annual pantomime. **SOLD OUT!**

Sunday 16th December, 7.30pm, King's Arms: **ACOUSTIC FOLK NIGHT**. Bring an instrument or come along to listen to talented local musicians.

Monday, 17th December, 7pm: Shouldham Village Green, **CAROLS AROUND THE TREE**. Shouldham's annual yuletide communal singing. There will be a donation box if you wish to give to a local charity.

Thursday, 20th December, 7pm, All Saints' Church, Shouldham: **SERVICE OF NINE LESSONS AND CAROLS**. Including a display of Christmas trees – please let Ann (347814) know if you are intending to provide a tree. The church will be candlelit for the occasion, followed by seasonal refreshments after the service.

Friday 21st December, 8pm, King's Arms: **BLUES HOUNDS**. Live band.

Christmas Eve, Monday 24th December, 11.30pm, All Saints' Church, Shouldham: **MIDNIGHT MASS**. Celebrated by Canon William Burke (Rural Dean).

New Year's Eve, Monday 31st December, from 9pm, King's Arms: **LIVE BAND**.

Thursday 17th January, 2019: **LADYBIRDS TRIP TO WELNEY WETLAND CENTRE**. The evening includes a presentation about the swans and ducks that are fed under floodlights. Everything is viewable from a comfortable, heated hide a short walk from the centre. We might have a meal at the centre first before the talk and watching the swans. All welcome (partners, children etc). Further information: Maureen (01366 347433/ maureen.h.austin@gmail.com).

Tuesday 26th February, 7.45pm, Shouldham Village Hall: **FIRST AID TALK AND DEMONSTRATION**. A local paramedic and an emergency medical technician (Carol and Pete) will attend the Shouldham Ladybirds' meeting and demonstrate resuscitation techniques and the use of a defibrillator. They will also give a talk on a 'Day in the Life of...' Further information: Lorna (01760 337089/ lor-na.mackay@hotmail.co.uk).

Sunday 3rd March: **SHOULDHAM NEWS DEADLINE**. The final date for copy for the Spring edition. If you have any news, views or details of forthcoming events (up to June), please contact Phil Harriss (01366 347244 or 01844 238868/ philharriss@icloud.com). Electronic, colour copies of the newsletter can be found at www.shouldham.info, Shouldham Facebook page (<https://www.facebook.com/groups/168280213739979/>) and on the Parish Council website: <http://shouldhampc.norfolkparishes.gov.uk/category/newsletters/>

Tuesday March 19th, 7.45pm. Shouldham Village Hall: **A TALK BY 'BLOOD BIKES NORFOLK'**. A Shouldham Ladybirds' event. Service By Emergency Rider Volunteers (SERV) is a professionally run medical transport service, offered completely free of charge. It transports blood, plasma platelets, samples, vaccines, Factor VIII, and other urgently required medical items to hospitals out of hours.

Tuesday April 16th: **WALKING TOUR OF KING'S LYNN.** Followed by a meal. A Shouldham Ladybirds' event. More details in the Spring edition of *Shouldham News*.

Village Hall bookings

Shouldham Village Hall, complete with its brand new kitchen, is now available to book for your parties and events. Please could village organisations remember to book their dates as soon as possible, by phoning Ann Ayres on 01366 347669 or email Annayres@btconnect.com.

Organisations, clubs & services

Please contact *Shouldham News* if any of the details below change.

All Saints' Church

Vicar: Interregnum

Church wardens: Brian and Ann Hullah (347814/annhullah@btinternet.com/
bbhullah@btinternet.com).

Bell ringing: practice night Thursday 7-8.30pm; contact Brian Hullah (347814).



Bowls and Social Club

New Clubhouse, Fairstead Grove, Shouldham (01366 347550). Whist drives on Fridays at 7.30pm.

Bus services

Shouldham has a bus service (the No.39, Monday to Saturday) to Marham and King's Lynn, run by Lynx (<http://www.lynxbus.co.uk/> 01553 611955). There are also occasional bus services (the No.51) run to Norwich and Downham Market by Eagle Coaches (01760 755641/www.eaglescoaches.co.uk).

Good Companions

A social club for the village's older residents, meeting on 3rd Wednesday of each month.

Knitting and Nattering

This lively group meets every Monday from 3pm to 5pm at The King's Arms to knit, natter (and sew) and to enjoy tea and homemade cake from the café.

Ladybirds (formerly Shouldham Women's Institute)

Contact: Sandra (01366 347789) or Lorna (01760 337089).

Scouting

2nd Runcton Holme & Watlington beavers & cubs. Meet at Runcton Holme Scout Hut next to the school in Runcton Holme. Contact: Bob Keens (01553 810855/ scout.keens@btinternet.com). Beavers meet on Tuesday 5.30-7pm, cubs on Wednesday 6.30-8pm.

Rainbows. For girls aged five to seven. Meet at Runcton Holme Scout Hut 4.30-5.30pm Thursdays. Contact: Poppy (Jane Rose-Land; 01366 347452/jsroseland@gmail.com).

Brownies. Meet at Runcton Holme Scout Hut 6-7.15pm Thursdays.

Contact: Brown Owl (Mandy Randle; 01366 388554/mark.randle@tesco.net).

Guides. Meet at Runcton Holme Scout Hut 7.30-9pm Thursdays.

Contact: Guide Leader (Sarah Mac; 01366 501942/sarahjmack@hotmail.co.uk).

Shouldham Football Club

Website: www.shouldhamfc.co.uk

Chairman: Phil Riedlinger 07881545357/priedlinger@btinternet.com; vice-chair: Nigel Nixon (01366 347288); welfare officer: Nicola Smith (07867 523896/nicolasmith@piersjacabltd.com); **secretary**: Anne Goodenough (07443 046104/ anne-goodenough@hotmail.com).

Shouldham Oil Syndicate

Contact Mike Mann on mann@dsv-uk.co.uk to be added to his mailing list.

Shouldham Parish Council

Contact: Zoe Bevan, parish clerk (01366 347840/shouldhampc@gmail.com). Website: <http://shouldhampc.norfolkparishes.gov.uk>.

Shouldham Post Office

Westgate Street, Shouldham (01366 347789). Open 9am-1pm, 2-5.30pm Mon, Tue, Thur, Fri; 9am-noon Wed; 9am-1pm Sat.

Shouldham Thorpe Allotment Society

Contact: Graham Addly (grahamaddy@aol.com).

Toddler Group

Contact: Suzie Sole (suzehill13@gmail.com).

Village Hall

Contact: Ann (01366 347669/ annayres@btconnect.com).

Village Events Committee

Contact: Emma (emma.gibson79@btinternet.com).



Businesses

If you would like your Shouldham-based business included in this directory, please contact *Shouldham News*.

Chalk & Cheese

Contact Andrew & Bridget Archibald, 1 Eastgate Street, Shouldham (01366 348039/ info@chalkandcheesenorfolk.co.uk/www.bed-and-breakfast-west-norfolk.co.uk).

Elizabeth Fitzgerald Carter – Artist

Figurative paintings and drawings in a variety of media. Also printed fine-art cards. Commissions accepted. Contact 01366 348116 or shouldhamthorpe-artist@sky.com.

Keith Matthews Accountancy

Contact 01366 347848/ keithjmatthews@aol.com).

King's Arms

www.kingsarmsshouldham.co.uk/ 01366 347410

Now owned by Shouldham Community Enterprises (SCE). SCE and Support Our King's Arms (SOKA) can be contacted by emailing info@kingsarmsshouldham.co.uk. To book a meal at the pub, please phone the manager, Ian Skinner, on 01366 347410

Keep up with the news!

If you would like to keep up with news happening in our village and the local area, between the three-monthly editions of *Shouldham News*, please send your email address to philharriss@icloud.com. This will entitle you to an electronic edition of this newsletter – in colour! You can also find out what's happening in Shouldham by joining the village Facebook page on: <https://www.facebook.com/groups/168280213739979/>. An increasing number of villagers have joined this Facebook page, which now provides an excellent means of communication for advertising events, lost pets, etc.

Christmas opening times at the King's Arms

Christmas Eve: normal times. Food noon-3pm.

Christmas Day: noon-3pm. Fully booked for food.

Boxing Day: bar-only, open noon-5pm.

Thursday 27th to Sunday 30th December: normal times.

New Year's Eve: open until 1am; food noon-3pm only.

New Year's Day: closed.

Wednesday 2nd: normal times.

Thursday 3rd: normal times.

Friday 4th: normal times.



**Merry
Christmas!**

Christmas jokes

Puns to make Santa weep

What does Miley Cyrus have at Christmas? Twerky.

What do you call a child who doesn't believe in Santa?

A rebel without a Claus.

Why are Christmas trees so bad at sewing? They always drop their needles.

What do you get when you cross a snowman with a vampire? Frostbite.

Who hides in the bakery at Christmas? A mince spy.

Why did no one bid for Rudolph and Blitzen on eBay? Because they were two deer.

Why does Santa have three gardens?

So he can 'ho ho ho'.

Why does Santa go down the chimney on Christmas Eve?

Because it 'soots' him.

Why was the snowman looking through the carrots? He was picking his nose.

What does Father Christmas do when his elves misbehave?

He gives them the sack.



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For more information please visit our Website

www.marhamvillagepreschool.co.uk

The Annex, Cherry Tree Academy Junior, Hillside, Marham, Kings Lynn, Norfolk, PE33 9JJ

Charity Number: 1047412



Shouldham Ladybirds

Shouldham Ladybirds (formerly the Women's Institute) usually meet on third Tuesday of every month. See *Dates for your diary* for some of the forthcoming attractions for 2019. If you are interested in more information about what the Ladybirds are all about, call into Shouldham Post Office on Westgate Street and speak to Sandra, or phone Lorna on 01760 337089. Looking forward to hearing from you!

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Lily has changed!

From 1 July 2018, our Lily service expanded to include everyone over 18, not just those in later years.

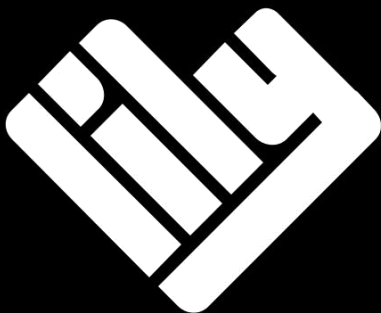
Lily provides a comprehensive range of support in West Norfolk to combat loneliness and social isolation in adults of all ages. The project is linked to the 'No Lonely Day' initiative and encourages our residents to develop friendships and engage in their local communities.

The Lily online directory lists organisations, services and activities that help people to live healthy, active and independent lives. It includes information relevant to adults of all ages. If you would like your event or organisation to be included in the directory, get in touch asklily.org.uk

Lily Advisors from local charities are available to offer one-to-one support to people at home or in community locations.

Lily has a strong focus on community development, by helping groups to arrange activities and encouraging volunteering, and by providing community events, onsite information sessions, and support for employers, schools, and colleges.

If you, or anyone you know, would like to know how Lily can help, call 01553 616200 and choose option 6.



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